

An island of sky and sea

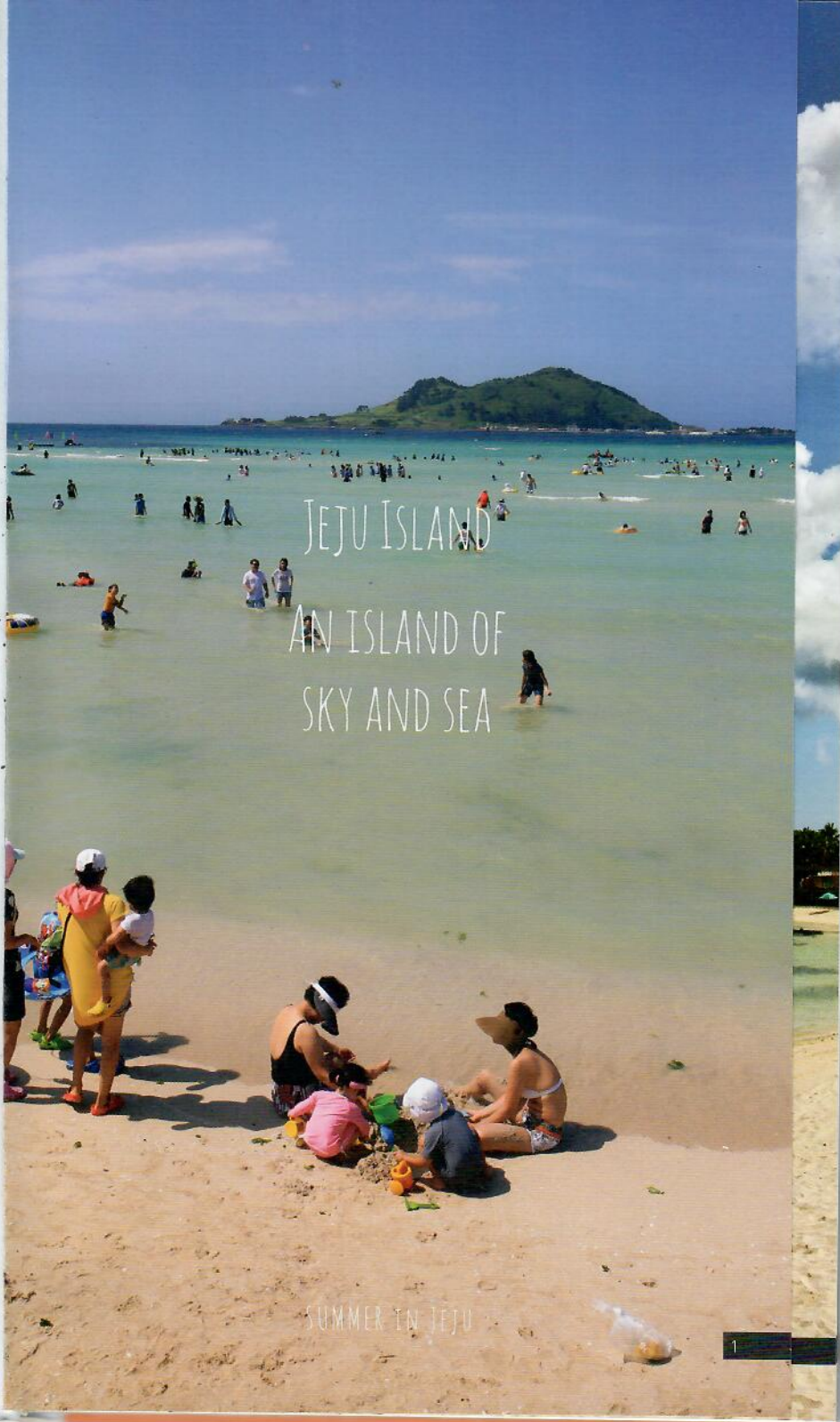
# Welcome to Jeju

POCKET BOOK



Jeju Jeju Special Self-Governing Province





JEJU ISLAND  
AN ISLAND OF  
SKY AND SEA

SUMMER IN JEJU

# WARMING UP

## BIG MAC INDEX

United States	\$5.28	China	\$3.17
<u>South Korea</u>	<u>\$4.11</u>	Taiwan	\$2.33
Japan	\$3.43	*As of June, 2018	

## CURRENCY IN KOREA Currency: Korea Won ₩

### Coins



### Notes



## Exchange Rates

1 USD (\$) : 1,071.0 KRW / 1 CNY (¥) : 167.2 KRW / 1 TWD (NT\$) : 35.91 KRW /  
 100 JPY (¥) : 976.61 KRW / 1 SGD (S\$) : 801.83 KRW /  
 1 MYR (RM) : 269.60 KRW / 100 IDR (Rp) : 7.74 KRW \*As of June, 2018



Bottled Water  
700 KRW / 1.5 Ltr.



Starbucks Americano  
Tall Size  
4,100 KRW



Korean Girl Group  
Singers CD  
16,000 KRW



Pocket Tissue  
1,600 KRW

## MONEY EXCHANGE

Foreign exchange hours  
9 am-4:30 pm

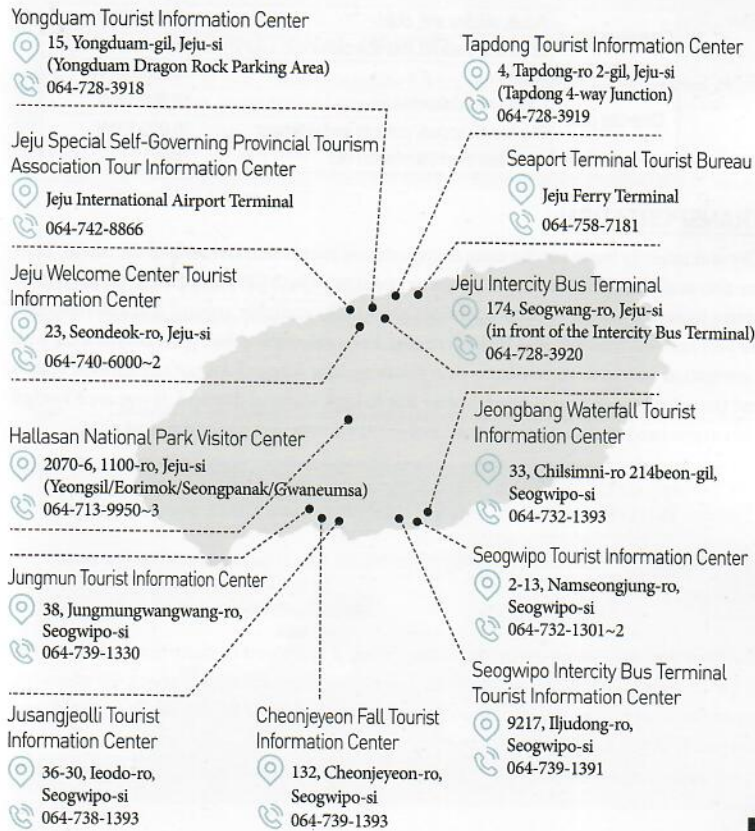
- Grand Exchange Shop 83, Noyeon-ro, Jeju-si  
064.747.7808 9 am-10:30 pm
- Neulpureun Exchange Shop 33, Yeondong 3-gil, Jeju-si  
064.748.2521 9 am-6 pm
- Jeju Bank, Airport Branch 064.746.0607 8:30 am-6 pm
- Shinhan Bank, Airport Branch 064.747.0791 9 am-4 pm

Jeju Bank : 34 Branches / Jeju Post Office : 33 Branches / Korea Exchange Bank : 2 Branches Standard Chartered Korea: 2 Branches / Hanabank: 2 Branches

## INFORMATION CENTERS

Korea's 1330 call center is available anywhere, anytime, 24 hours a day. The center provides tour information and interpretation services in four languages (Korean, Chinese, Japanese, English).

Landline or public telephone: Call "1330". Mobile phone: Call "02-1330".



## PUBLIC TELEPHONE

Most public telephones in Korea are coin-operated. A 3-minute call requires 70 KRW in coins. Emergency calls are free (e.g., 112 for police or 119 for fire or other emergencies). For international calls, a prepaid international telephone card is cheaper. Price and method of use for prepaid cards depend on the card type.

## How to Call Overseas from Korea

Landline Telephone International Telephone Operator No. (001 or 002 or 008 or 00700, etc.)  
+ Country No. + Area No. + Telephone No.

Mobile Phone International Telephone Operator No. (001 or 002 or 008 or 00700, etc.)

+ Country No. + Mobile Phone No.

(You do not need to enter the "0" (zero) in the listed area or telephone numbers.)

**How to Call** USA & Canada : 1 / UK : 44 / Japan : 81 / China : 86 / Taiwan : 886 / Indonesia : 62  
**Overseas** Vietnam : 84 / Thailand : 66 / Mongolia : 976 / Germany : 49 / Russia : 7  
**from Korea** Singapore : 65 / Hong Kong : 852 / Malaysia : 60

## CITY TOUR

Pick up tickets after boarding the bus at each stop (accept cash, credit card, and transportation card)

Service hours : 09:00 ~ 19:00 (The last bus departs at 17:00)

Fee		
One-time ticket	Adult, adolescent, child	3,000 KRW
	Child less than 48 months old	free
One-day pass	Adult	12,000 KRW
	Child and adolescent	8,000 KRW
	The handicapped, patriots and veterans	6,000 KRW
	Child less than 48 months old	free

## TRANSPORTATION

City and intercity buses are the main transportation means to travel around the island. Taxis are also available. There are no subways or trains on Jeju. Individual travelers increasingly prefer to rent a car. Car rental operators are widely available around Jeju International Airport and Jeju International Ferry Terminal. For a reasonable price, you can rent a car with a navigation system to conveniently find places on Jeju. July and August are the high season and the price to rent a car is much higher due to high seasonal demand. If you are a foreign citizen, you need to show your international driver's license and passport to rent a car.

**City Bus Fare** 1,200 KRW  
**Taxi Fare** Basic Fare 2,800 KRW and 100 KRW per every 144m or every 35 seconds  
(\* Basic fare is subject to change)  
**Car Rental Fee** Prices vary, depending on the season, type of car, and the rental operator

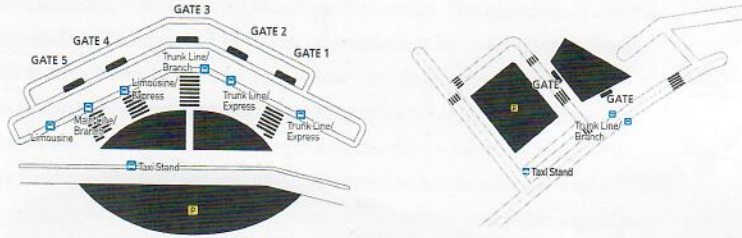
Bus and taxi drivers on Jeju are all very kind. If you need to communicate with the driver in your bus or taxi, use the BBB Telephone Interpretation Service. Or show the information about your destination described in this JEJU GUIDEBOOK to the driver. You will find this guidebook very useful.

**BBB Telephone Interpretation Service** 1588-5644      **Inquiry for Global Taxi** 1899-4314

## T-money



T-money is a rechargeable card or "smart" device used to pay transportation fares in Korea. With T-money, you can conveniently use all types of buses on Jeju. T-money comes in the form of a card or keychain. If you're a first-time user, you must purchase a card or keychain (non-refundable) and charge it with a desired amount at any shop where the T-money logo is displayed. Such shops can be easily found around the island. When you get on the bus, scan the T-money card or device at the card reader located next to the bus driver. The reader will deduct the appropriate fare from your card. Money remaining on your card can be refunded at any shop displaying the T-money logo.



## FROM JEJU INTERNATIONAL AIRPORT

**Bus** Limousine Bus Stop : Airport Limousine Bus No. 600 to Jungmun Resort Complex. All city/intercity buses, except Airport Limousine Bus No. 600

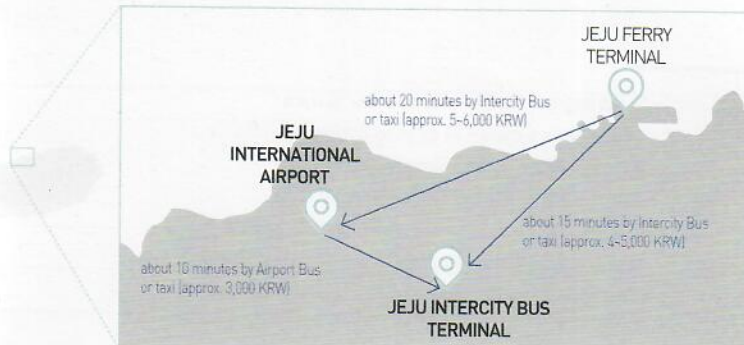
**Car Rental** Car Rental You can rent a car at the rental car desks of AJ Rent-a-car, Jeju Rental Car Association, Keumho Rent-a-car and Jeju Rent-a-car on the first floor of the Jeju International Airport.

## FROM JEJU FERRY TERMINAL

**Bus** Buses are available at the Jeju Yeonan (Domestic) Ferry Terminal Walk about 100m along the main road to the bus stop.

**Taxi** Taxi Look for the designated taxi stop.

**Car Rental** Car Rental A designated counter for rental car companies is located at the first floor lobby of the arrival terminal.



# JEJU ISLAND



## SAMDA-DO (ISLAND OF THREE PLENTIES)

Jeju Island is called Samdado because of its abundance of rocks, wind and women.

## SAMMU-DO (ISLAND OF THREE SHORTAGES)

Jeju Island is called Sammu-do because there are no thieves, beggars or gates in front of houses.

## TAMNA

Jeju Island was known as the Kingdom of Tamna, a kingdom which lasted for 464 years.



East Longitude 126 degrees 8 mins ~ 126 degrees 58 mins

North Latitude 33 degrees 6 mins ~ 34 degrees 0 mins

Average Rainfall (mm) Jeju-si 1,728.3 Seogwipo-si 2,618.1

Average Temperature (°C) Jeju-si 16.7°C / Seogwipo-si 16.9°C

Total Area 1,849.11km<sup>2</sup> / Highest Point Hallasan Mountain 1,950m

Symbolic Flower Chamkkot (Rhododendron) / Symbolic Tree Camphor laurel

Symbolic Bird Jeju Five-colored Woodpecker / Symbolic Color Blue

Jeju Island is located southwest of the Korean peninsula.

It has been designated as Jeju Special Self-Governing Province. It is the Republic of Korea's largest island. A world-famous volcanic island with more than 90 percent of its total area covered with basalt. It is a strategically located island connects continental nations (Russia and China) to island nations (Japan and Southeast Asia). It is a resort island with magnificent views of nature.

Jeju is an oval-shaped island that is 73 km from east to west and 31 km from north to south, with Hallasan Mountain the center. The island has a coastal ring road of 176 km and 530.09 km of coastline. It has a temperate climate with temperatures that rarely drop below zero degrees.

It is home to 77 types of mammals, 198 species of birds, 8 kinds each of reptiles and amphibians, 873 types of insects and 74 varieties of spiders.

The island, with Hallasan Mountain at its center, has recorded a total of 2,001 types of vertically distributed sub-tropical, temperate, and polar vegetation, in comparison with Baekdusan Mountain, which has about 500 types, and Jirisan Mountain, which has about 1,000.

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TRAVEL SCHEDULE

DATE	DATE	DATE	DATE
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DATE	DATE	DATE	DATE
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MEMO

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## UNESCO TRIPLE CROWN JEJU

Having won UNESCO-accredited titles such as Biosphere Reserve, World Natural Heritage, and Global Geopark, Jeju is a world-renowned treasure island worthy of worldwide attention and conservation.

### UNESCO Biosphere Reserve (2002)

It includes Hallasan Mountain National Park, natural monuments such as Yeongcheon Stream and Hyodoncheon Stream, and Munseom Islet, Beomseom Islet, and Seopseom Islet.

### UNESCO World Natural Heritage Site (2007)

It includes Hallasan Mountain Nature Reserve, Seongsan Ilchulbong Peak, Geomun Oreum Lava Tube System (Geomun Oreum, Bangdwigul Cave, Manjanggal Cave, Gimnyeonggul Cave, Dangcheomul Cave, Yongcheon Cave, etc).

### UNESCO Global Geopark Network (2010)

It covers the entire region of Jeju, including Hallasan Mountain, Manjanggal Cave, Seongsan Ilchulbong Peak, Seogwipo Formation, Cheonjiyeon Falls, Jusangjeoli Columnar Joints in Jungmun and Daepo, Sangbansan Mountain, Yongmeori Tuff Ring, Suweolbong Peak, Udo Island, Biyangdo Island, Seonheul Gotzawal Forest (Dongbaek Dongsan).

## WONDERS JEJU! NEW 7 WONDERS OF NATURE

### Wonders of Jeju! "Jeju Island, a World Treasure"

The New7Wonders Foundation known for the "New7Wonders of the World," selected the most beautiful natural sceneries of the world through an international vote to select the Seven Natural Wonders of the World in November 2011, Jeju Island accomplished the great feat of being selected as one of New 7 Wonders of Nature.

#### New 7 Wonders of nature

- |                       |   |
|-----------------------|---|
| 1. South America      | Amazon rainforest (South America)               |
| 2. Halong Bay         | Halong Bay (Vietnam)                            |
| 3. Iguazu Falls       | Iguazu Falls (Argentina /Brazil)                |
| <u>4. Jeju Island</u> | <u>Jeju Island (Korea)</u>                      |
| 5. Komodo             | Komodo Island (Indonesia)                       |
| 6. Puerto Princesa    | Puerto Princesa Underground River (Philippines) |
| 7. Table Mountain     | Table Mountain (South Africa)                   |



## In Search of the Best of Jeju

What are the must-sees and must-eats on the treasure island of Jeju? The Seven Best of Jeju have been chosen in five categories: breathtaking scenery; local food specialties (products from primary industries); traditional local cuisine; beautiful roads; and beautiful architecture. A total of 42 gems have finally been selected for these categories through conducting the survey and getting recommendations from academia and professionals, which will also be remembered as 42 special experiences you cannot miss on the treasure island of Jeju.

### Seven landscapes

Jeju has warmer weather in the winter than other regions in Korea, but the wind can be powerful. You may feel it is pushing you seaward for an astonishing view of the crystal clear ocean, or up-slope towards the magnificent Hallasan Mountain.

SeongsanIlchulbong Peak in the ocean and Udo Maritime Park | View of Hallasan Mountain from tangerine orchards | Volcanic cone at Geomunoreum | Cheonjiyeon Waterfall in Chilsimni Poetry Park | Sunrise at Chotdaebawi (or Candlestick Rock) at Seopjikoji | "Jisatgae" Jusangjeolli Cliff and Jungmun Beach | The sunset glow at Hyeopjae Beach

Jari mulhoe[shredded raw coral fish ice soup with vegetables] | Galchi guk (hairtail fish soup) | Seongge guk(sea urchin egg soup with seaweed) | Hanchi mulhoe[Jeju cuttlefish ice soup with pepper] | Okdom gui[broiled tilefish] | Bingddeok (Buckwheat cake) | Gogiguksu (Meat noodles)

### Seven local cuisines

The nature of Jeju and its social and cultural environment have made the cuisine of Jeju quite unique. Since Jeju is surrounded by the sea, you can enjoy a wide variety of seafood all year around.

### Seven specialty products

All the specialties come from the pollution-free ocean, clean air and fertile land, which makes them exclusively available on Jeju or far greater in quality than from other regions.

Gamgyul(Tangerine) | Gosari(Bracken) | Jaridom(Damselfish) | Okdom(Tile fish) | Galchi(Hairtail fish) | Malgogil(Horsemeat) | Dwaejigogil(Porkmeat)

5-16Road | Hagwi-Aewol Coast Road | Sagye Coast Road | Sehwa noksanjangseon Road | Bijarim Road | Woljeong-ri Coast Road | 1100 Road

### Seven roads

Driving in the wind along the scenic coastlines, or through the a cluster of oreum(volcanic cones) is another memorable experience.

### Seven architectural edifices

The greatest beauty in the world is nature. These structures of Jeju exist within nature in harmony with it, not against it, adding one more thing to see on Jeju.

Jeju Museum of Contemporary Art | Jeju World Cup Stadium | Daum Com munications HQ[Space1] | Podo Hotel | Haesimhun | Seongeup Folk Village | Jeju Mokgwana

Hallasan Mountain climbing | Olle Forest Trail walking | Clean rural village experience (citrus picking, bracken picking) | Maritime leisure experience (submarine, cruise ship, yacht, fishing boat) | Coastal road driving, bicycle scooter experience | Traveling to an island in an island | Horse-riding experience

### Seven greatest experiences

The experience gives you a wonderful and thrilling feeling. A trip to Jeju will give you unforgettable and lovely memories.



### Pyoseon Beach

Pyoseon Beach, located at the end of Beonyeong-ro (Local Road No. 97) in the southeast part of Jeju, is famous for its beautiful scenery created by the exotic emerald sea, which is the largest sea in Jeju with a total area of 158,678m<sup>2</sup>. The average water depth is about a meter, and the sea resembles a circular lake at rising tide; while the white, sandy beach reveals itself at low tide, making the beach a perfect place for young children to safely swim and play. Admire a picturesque scenery here at sunrise and sunset, and build unforgettable memories. Visit Pyoseon Beach where the unique scenery of Jeju harmoniously blends with the exotic white sandy beach.

**Amenities** Shower rooms, changing rooms, rest rooms, outdoor stages

**Address** 592, Minsokhaean-ro, Pyoseon-myeon, Seogwipo-si, Jeju-do

**Parking** Free parking for 85 vehicles



### Gwakji Beach

The beach is also known as Gwakji Gwamul Beach. "Gwamul" means "sweet spring water emerging in the coastal areas." As there were wells installed to reserve this water on this beach, it was named "Gwakji Gwamul (meaning "gwamul in Gwakji-ri Village)."

Since Jeju is an island made of volcanic rocks, rainwater is not collected on the ground. Therefore, ancient Jeju residents, after finding out that the rainwater flows towards the shore where it emerges, devised a well to reserve the water and started using it as drinking and living water. Play on the beach, and experience catching shellfish in the cool spring water, and swim in the sea. An open air bath in Gwakji-ri Village, which is famous for providing longevity enjoyed by residents and its exceptionally clear water, will present you with a true healing experience.

**Amenities** Rest rooms, changing rooms, camping sites, drinking fountains

**Address** 29, Gwakji 9gil, Aewoleup, Jeju-si, Jeju-do

**Parking** Free parking available for 300 vehicles



### Hyeopjae-Geumneung Beach

Drive along the coastal road toward the west of the Island from Jeju International Airport to reach Hyeopjae-Geumneung Beach where crystal clear water glistens. White sand mixed with seashell fragments makes the beach glow in silver. The enchanting cobalt blue sea is shallow and gently slanted so that even beginner swimmers can safely enjoy swimming. The lush pine forest surrounding the beach produces fresh air. Biyangdo Island, famous for resembling a “Boa constrictor who swallowed an elephant,” creates a picturesque scenery on the horizon over clear water. The sunset on this beach is also captivating.

**Amenities** Shower rooms, changing rooms, rest rooms, drinking fountains, snack bars, beach umbrellas, etc.

**Address** 329-10, Hallim-ro, Hallim-eup, Jeju-si, Jeju-do

**Parking** Free parking for 100 vehicles



### Samyang Beach

Located 10km east of Jeju International Airport, this black sandy beach spreads widely along the coastline receding inland in the shape of an arc. The fine black sand rich in iron has been known to be effective in treating arthritis neuralgia, and obesity from past generations, which makes the beach bustling with tourists who wish to experience a hot sand bath during the summer season. To cool the body heated with hot black sand, take a shower with cold spring water emerging from the shore. From late July to early August, the beach turns into a venue for a festival where you can experience marine leisure sports including scuba diving and windsurfing for summer vacationers. It is also a nice place to enjoy sea fishing as well as sea bathing.

**Amenities** Shower rooms, beach canopies, tubes, etc.

**Address** Samyang-dong, Jeju-si, Jeju-do

**Parking** Free parking available for 120 vehicles



### Hahyo Soesokkak Beach

The Hyodoncheon Stream originates from the valley in Hallasan Mountain that flows south. Soesokkak Estuary is where the fresh water of the stream flowing in the direction of Hahyo-dong in Seogwipo-si meets the sea water. The beach was originally called "Soedun" (meaning "cow hill"), a name given because it resembles a cow lying on a hill. Today it is called "Soesokkak." The lava rocks in different shapes and forms, dense pine forests and the emerald green sea together create a mysterious landscape. Also, the black sand beach has a unique mood that can be found nowhere but in Jeju. This beach is also a good place to enjoy a relatively quiet and calm summer vacation, connecting Course 5 and 6 of Jeju Olle Trails with a well-formed walkway. Let's spend a cool summer around Soesokkak Beach where the sea and the Hyodoncheon Stream unite, presenting a superb view.

**Amenities** Shower rooms, changing rooms, rest rooms, drinking fountains, snack bars, etc.

**Address** 990-4, Hahyo-dong, Seogwipo-si, Jeju-do

**Parking** Free parking for 180 vehicles



### Handam Beach

The rocks embroidering the meandering coastline and the green emerald sea seem to reveal the secrets of the island. This beach spanning from Aewol-ri Village, the northwestern end of Jeju Island, to Gwakji Beach, has recently emerged as a romantic vacation destination since becoming the shooting location of JTBC's reality show "Hyori's Bed and Breakfast." Let's spend the summer holidays on this beach full of romance, which was also selected as one of the 31 hidden places with a great scenery. The sea is easily accessible and not too deep, allowing everyone to enjoy safe swimming. The beach is also close to Aewol Cafe Street, a destination favored by young travelers. In addition, connected to Jeju Olle Course 15-B which opened in 2017, it is a perfect vacation spot.

**Amenities** Shower rooms, changing rooms, rest rooms, beach umbrellas, camping sites, etc

**Address** Aewol-ri, Aewol-eup, Jeju-si, Jeju-do

**Parking** Free parking available for 30 vehicles



### Hagosudong Beach

This beach nicknamed Saipan Beach is nestled in Hagosudong Village on the volcanic island of Udo located near the eastern end of Jeju Island and on the northeast coast of Seongsanpo. With a shallow sea level and gentle slope as well as soft sand, visitors of all ages including families with children can enjoy swimming and relaxing here. It is well equipped with facilities such as changing rooms and rest rooms, and the scenery marked by stone statues modeled by three haenyeo (female divers of Jeju) in their 70s creates a homely and peaceful atmosphere. On summer nights, the horizon is embroidered with the lights of fishing boats and the neon signs of guest houses and restaurants illuminate the beach.

**Amenities** Shower rooms, changing rooms, rest rooms, accommodations, camping site, s restaurants, snack bars

**Address** 1290-5, Yeonpyeong-ri, Udo-myeon, Jeju-si, Jeju-do

**Parking** Free parking available

### | Infomation on the Jeju Beach Opening

Beach	Open	Time	Night Hours
Hyeopjae	6. 23 ~ 8. 31 (70 days)	10:00 ~ 19:00	19:00 ~ 22:00 (7. 14 ~ 8. 15)
Hamdeok			Prohibited
Geumneung			19:00 ~ 22:00 (7. 14 ~ 8. 15)
Gwakji			Prohibited
Samyang	7. 1 ~ 8. 31 (62 days)	10:00 ~ 19:00	19:00 ~ 22:00 (7. 14 ~ 8. 15)
Iho Tewoo			Prohibited
Gimnyeong			Prohibited
Sinyang			Prohibited
Hwasun Golden Sand			Prohibited
Jungmun Saekdal			Prohibited
Pyoseon			



Black Pork

**Black Pork**

Many tourists, on the first time on Jeju, wonder where the best place is to try the island's delicious black pork. Sometimes, if you go by travel book recommendation it feels that something is missing and if you go to a totally unknown restaurant, you cannot be assured of the taste. In this situation, if you want a clear reply, the answer would be to "just go anywhere." Wherever you go on Jeju, you can find delicious black pork restaurants. The meat is even more delicious if you eat it with Mel-jeot, which is salted anchovy that reduces the pork's oiliness and makes it tastier.



Pheasant cuisine

**Pheasant Cuisine**

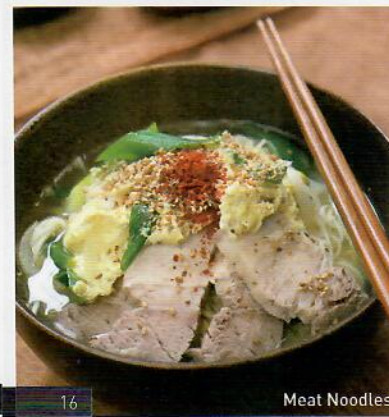
Since there are many pheasants on Jeju Island, there are many different dishes made using the bird. In the fall, pheasant is regarded as a real treat and can be eaten raw or dried as jerky. Kkwong-toryeo is a delicacy of thinly sliced pheasant breast meat that is eaten hot-pot style. Kkwong-memil guksu (pheasant buckwheat noodles) delicately blends Jeju's buckwheat and pheasant meat. The buckwheat noodles are light and more digestible than other foods made with wheat. Pheasant dumpling soup is not greasy and its taste is sure to please.



Horse cuisine

**Horse Cuisine**

Dishes made using horse were the finest served to the King in times of antiquity. Horse is used in a variety of dishes, including raw horse meat, horse sushi, tangsuyuk (sweet and sour meat), galbijjim (rib stew), gu (roast meat) and bulgogi (sliced and seasoned barbecued meat). Horse meat tastes lighter than beef and each part and organ, such as the liver, has its own unique flavor.



Meat Noodles

**Meat Noodles**

The most common delicacy on Jeju is Gogi-guksu (Meat Noodles). After stewing a broth, add noodles and boiled meat and then add chilies, chili powder, pepper and other seasonings according to your taste. One plate of gogi noodles is enough for each person as it contains thick noodles with boiled meat. It is a good hangover soup, but also goes well with alcohol. If you want a cup of soju while eating the spicy soup, Jeju's Hallasan Soju is the best complement.

### Seongkae-guk (Sea Urchin Soup)

Seongkae-guk (sea urchin soup) is prepared by frying seaweed in sesame oil and then putting sea urchin and obunjagi together and boiling them. If you salt it, it looks little yellowish and coagulates like tofu and tastes fresh. Seongkae is also known as gusal in Jeju so the dish is known as gusal-guk in some places.

### Dom-hoe

Yellow sea bream, one of the common fish on Jeju Island, is cheap but prides excellent taste. Since it is rare in land-based areas, try to taste it. More premium fish than the yellow sea bream is the sea bream, which is called the king of raw fish. The best taste of sea bream can be enjoyed during December until March. The best season of red tilefish is roughly during the start of spring while the soft and savory cuttlefish is loved during summer from June to August. Also, the best season of yellowtail is after October when cold wind blows and the taste of large-scale blackfish is at its best between December and March. These fish are must-try delicacies in Jeju.

### Mul-hoe (Raw Fish Soup)

A favorite delicacy of summer on Jeju is mul-hoe. It is called mul-hoe as it is prepared by pouring water and spices over fresh raw fish. There are many varieties such as jari-mul-hoe, sea cucumber mul-hoe, turban shell mul-hoe and mitra squid mul-hoe. All the ingredients are fresh so just pick the one that you like best. To prepare, cut vegetables such as parsley, pears, cucumbers, sesame leaves, green pepper and carrots into thin slices, season them with spiced seafood and pour water with ice over them all. The role of the ice is to make the soup cold and keep the seafood and vegetables fresh. After eating all the seafood, adding rice to the leftover soup makes another delicacy.

### Galchi (Hairtail) Cuisine

How best to eat Jeju's chubby and tasty galchi? The first choice is to eat it fresh as hoe (raw fish). Some people think that galchi-hoe has a fishy smell, but that is not true. It is tasty to chew and famous for its aroma. Another delight is boiled galchi in soy sauce and this is also liked by many. It is delicious if you melt raw galchi in your mouth slowly along with rice, or eat boiled galchi spiced with hot Jeju chili powder.

### Godeungeo (Mackerel)

Godeungeo, along with galchi, is one of the most loved fish types in the country. The full-fleshed fish makes your mouth water in anticipation. Godeungeo is inexpensive, full of nutrients and has an especially aromatic taste. After the breeding season finishes in summer, the fish gains more flesh and oil, thus autumn is the best time to eat it.







Obunjagi Ttukbaegi



Jeon-bok gui



Jeonbok mulhoe



Sora gui

### Obunjagi Ttukbaegi (Seafood Soup)

The best seafood delight on Jeju Island is Obunjagi Seafood Soup. Obunjagi is a mollusk and a close relative of the abalone family. It lives clinging to rocks about 20 meters under the water. Around 70 percent of the total obunjagi found in Korea is from Jeju. The meat is full of calcium, iron and vitamin B. It can be roasted or put in doenjang soup or porridge, but the most highly recommended option is Obunjagi Seafood Soup. If you make rice using obunjagi, the rice will turn greenish. If you put butter at the edge of an earthen pot and add rice, the butter mixes with the rice making it more aromatic. If you include obunjagi with other seafood in doenjang soup, the taste will double. After eating, you can take the shells home for interior decorations.

### Jeon-bok (Abalone)

Jeon-bok (abalone) is so nutritious that it is also known as the wild ginseng of the sea. Many abalones are gathered from Jeju waters and it can be found in many delicacies. It is usually added to jeon-bokhoe, juk (porridge), ttukbaegi, samgyetang (chicken soup with ginseng), and various other stews. Due to its quality and taste, abalone was offered to kings in olden times. Chajeon-bok is readily available on Jeju as is obunjagi, which is another kind of Jeon-bok.

### Sora (Turban Shell)

Another common delicacy in seafood-rich Jeju is the sora (turban shell or conch). Therefore Jeju sora is also known as the Tangerine of the Sea. Small whalsora, which are also known as Gu-jeng-ka on Jeju, are hard and firm and the texture is like chewy Jeon-bok. Broiled sora roasted with its shell, sora mul-hoe, jeot-kal and porridge made of sora are full of nutrients. The most common way to eat sora is to simply rinse it with sea water, cut it into thin slices and eat it with red chili-pepper paste and vinegar.

### Jarijeot

Jarijeot is a type of salt-preserved fish. The main ingredient, jaridom, is only caught in the seas near Jeju. Its taste is savory and it is good to eat once you remove its scales. Many people enjoy jarijeot because of its unique smell. It is seasoned with green pepper and garlic and served as a side-dish with rice. Sora fish and a bowl of rice can be a generous meal.

### Meljeot (Myeolchijeot)

Myeolchijeot is made from raw anchovies salted in spring and fall. There are a variety of methods for serving it but its taste is guaranteed even with

meat and eaten with rice wrapped in fresh lettuce or sesame leaves. In particular, it is good to refresh your sense of taste and supplement your energy after sweating in the middle of summer.

### **Kkotmyeolchijeot**

Kkotmyeolchi are often caught in the seas near Jeju and it is reddish brown unlike other myeolchijeot, it is characterized by its lightly fermented flesh, even after ripening long time. It tastes good and is tender and chewy due to its lack of bones.

### **Gingyijuk(Rice Porridge with Crab)**

Gingyi means crab in the Jeju dialect. Gingyijuk is a delicacy in May. The soup is made by pounding a crab in a stone mortar and adding water to make a thick crab juice and then straining it. It is then boiled slowly and crab juice is added and stirred in after stir-frying rice with sesame oil thoroughly. You can add salt according to your preference. It has abundant calcium which is good for bones and chitosan.

### **Mungejuk (Rice Porridge with Octopus)**

Munge means octopus in the Jeju dialect and refers to the common octopus (*octopus vulgaris*). Jeju's octopus is served raw or as part of a seasoned porridge.

Mungejuk is healthy food for ordinary people. The octopus is cut to remove its organs and is pounded in a mortar and fried with rice and sesame oil and then boiled after adding water.

When you pound the octopus in a mortar without cutting it with a knife, it becomes chewy and softer as the red color comes out of the skin.

### **Jogaejuk (Rice Porridge with Clams)**

Jogaejuk does not require other side-dishes due to its tasty, light and pleasant aftertaste. Summer is the perfect time to enjoy this dish due to plump clams tasting the best during this season.

### **Bingddeok (Buckwheat Rice Cake)**

Bingddeok is named after the shape of the ddeok after it is rolled. Fine buckwheat powder is made into a dough, which is fried in a thin round shape. Then radishes, carrots, green onions, salt, sesame power, sesame oil and other ingredients are used to make a filling, which is placed on the fried pancake and rolled up.



Momguk



Bingddeok



Gingyijuk

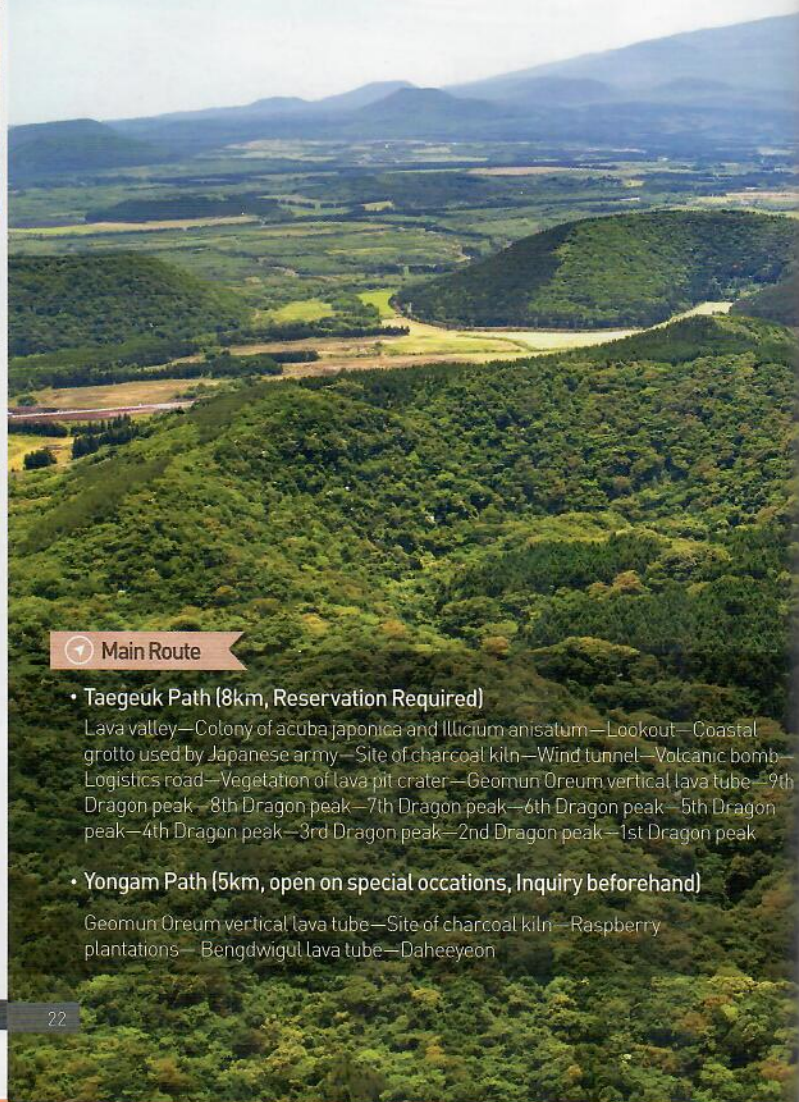


Jeonbodejuk

## GEOMUN OREUM TRAIL ROUTES



The Geomun Oreum Trail Routes is perfectly harmonized with nature.



### 📍 Main Route

#### • Taegeuk Path (8km, Reservation Required)

Lava valley—Colony of *acuba japonica* and *Illicium anisatum*—Lookout—Coastal grotto used by Japanese army—Site of charcoal kiln—Wind tunnel—Volcanic bomb—Logistics road—Vegetation of lava pit crater—Geomun Oreum vertical lava tube—9th Dragon peak—8th Dragon peak—7th Dragon peak—6th Dragon peak—5th Dragon peak—4th Dragon peak—3rd Dragon peak—2nd Dragon peak—1st Dragon peak

#### • Yongam Path (5km, open on special occasions, Inquiry beforehand)

Geomun Oreum vertical lava tube—Site of charcoal kiln—Raspberry plantations—Bengdwigul lava tube—Daheeyeon



Utbarn Oreum

Beonakwul Oreum

Raspberry Plantations

Taegeuk Path

Geomun Oreum

📍 Seonheul-ri, Jocheon-eup, Jeju-si

☎ 064.710.8981(Geomunoreum Inquiry Office)

- Geomunoreum is accessible through its entrance at Oreum Stone Monument in front of Budaek Oreum located on Wujindong, Seonheul-ri, along Beonyoung-ro.

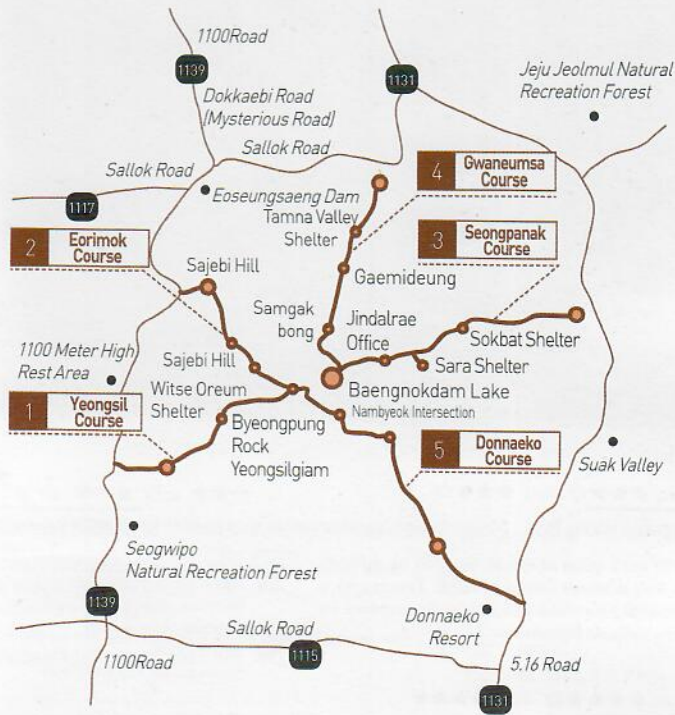
📅 Reservation Required <http://whcenter.jeju.go.kr>

- Reservation is available from the first day of the month before your intended visit and should be made until 5 p.m. of the day before your visit. Please refer to the website for further inquiry.



CLIMBING  
HALLASAN MOUNTAIN

## Hallasan Mountain Trails



## Hiking Trail Schedules

Ascending		Control Office / Entrance			Winter (Nov thru Feb.)	Spring - Fall (Mar, Apr, Sep, Oct.)	Summer (May thru Aug.)
Eorimok	Tickets Office	12:00	14:00	15:00			
	Witse Oreum Office	13:00	13:30	14:00			
Yeongsil	Ranger's Office	12:00	14:00	15:00			
Gwaneumsa	Samgakbong Shelter	12:00	12:30	13:00			
Seongpanak	Jindalrae Office	12:00	12:30	13:00			
Donnaeko	Information Office	10:00	10:30	11:00			
Sara Oreum	Sara Oreum Control Office	15:00	15:30	16:00			
Eseungsangak	Ticket Office at Eorimok Entrance	16:00	17:00	18:00			

Descending		Control Office / Entrance			Winter (Nov thru Feb.)	Spring - Fall (Mar, Apr, Sep, Oct.)	Summer (May thru Aug.)
Witse Oreum		15:00	16:00	17:00			
Top of Dongneung		13:30	14:00	14:30			
Nambyeok Intersection		14:00	14:30	15:00			

\* Night hiking is restricted : Between sunset and 2 hours before sunrise. (You cannot enter the mountain 2 hours before sunset)



Difficulty ★★★★★☆ View ★★★★★☆

**Seongpanak Hiking Trail** *One way: 9.6 km, it takes 4 hours and 30 minutes to hike to the top and back*

You will get a sense of forest, but may be difficult due to long distance and steep slope. This course is recommended for those who are totally prepared for climbing Hallasan Mountain.

Take a bus from Jeju Intercity Bus Terminal routing 5.16 Road (In the direction of Seogwipo)  
064.725.9950  
(Seongpanak Tickets Office)

Difficulty ★★★★★☆ View ★★★★★

**Gwaneumsa Hiking Trail** *One way: 8.7 km, it takes 5 hours to hike to the top and back*

The Gwaneumsa Trail is noted as the most demanding course in Hallasan Mountain due to its dramatically shifting topography within the 9km course. Because it requires about 30 percent more physical strength than the other hiking trails, more professional climbers choose this trail. Nevertheless, people who have climbed Gwaneumsa once persist in climbing this trail if only because of the magnificent scenery it offers on Hallasan Mountain.

Bus to Gwaneumsa. (475 route Jedae - Gwaneumsa - Tamna Education Institute.)  
064.756.9950  
(Gwaneumsa Hiking Trail Info.)

Difficulty ★★★☆☆ View ★★★★★

**Yeongsil Hiking Trail** *One way: 5.8 km, it takes 2 hours and 30 minutes to hike to the top and back*

The Yeongsil Trail is relatively easy as it is the shortest course up Hallasan Mountain. It is open only up to Witse Oreum and does not allow hikers to reach Baengnokdam, the crater lake at the peak of Hallasan Mountain. Because of its relative ease, it is suitable for elderly climbers and newlywed couples on honeymoon and offers views of both Yeongsilgiam and Seonjakjiwat.

Take a bus from the Jeju Intercity Bus Terminal routing 1100 Road (Jungmun Bound)  
064.747.9950  
(Yeongsil Hiking Trail Info.)



Difficulty ★★★ View ★★★☆

**Eorimok Hiking Trail** *One way: 6.8 km, it takes 3 hours to hike to the top and back*

This course is relatively easy. Especially in winter, snow is widely spread in Mansae Hill, so you can enjoy the beauty of winter scenery. Climbers are allowed only up to Witse Oreum, so Baengnokdam cannot be reached.

Take a bus from the Jeju Intercity Bus Terminal routing 1100 Road (Jungmun Bound)  
064.713.9950-3  
(Eorimok Hiking Trail Info.)

Difficulty ★★ View ★★★☆

**Donnaeko Hiking Trail** *One way: 7 km, it takes 3 hours and 30 minutes to hike to the top and back*

Starting from Seogwipo, Donnaeko Trail is an exceptionally long course that was closed for 15 years to preserve its ecosystem and thus offers new views to climbers. It is a gentle course that boasts lush forests that resemble a rainforest. You can also enjoy camping with water. Camping is also allowed at Donnaeko Valley camping site.

Take a bus from Jeju Intercity Bus Terminal routing 5.16 Road (Seogwipo Bound) and get off at Seogwipo Industrial Science High School. The trail is 1 hours walk from here.  
064.710.6920-3  
(Donnaeko Hiking Trail Info.)

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S U M M E R

