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HAWAIIAN J MOMENT J Big Islander recalls life at Punaluu Beach

Punaluu Beach, a black-sand beach in Kau, is one of the Big Island's most popular visitor stops. Circle island tour drivers take their groups there daily to see the black sand and the sea turtles that rest on the beach.

In 1981, Jeanette Howard, a longtime Punaluu resident, recalled her childhood days in the village.

"I was born in Punaluu in 1923, and I've lived here my entire life. I'm Chinese-Hawaiian married to a fisherman, and our house is near the restaurant parking lot. We still fish the koa ahi and opelu offshore.

"Kahiolo is the left point of the bay. There's a heiau on top of it and a sacrifice stone in the bushes. It's a big rock slab. Puumoa is the right point of the bay where the picnic pavilions are located. Offshore are all the little moku that protect the beach.

"Punaluu is the general name for the beach and the pond behind it. When I was young, the beach used to be from halfway out to the boat ramp, but it has always eroded, even before sand was hauled away by the county and other people.

"Koloa is the shore beyond the park, it used to be covered with ililicalled ilili hanau, or "maternity stones," but there's very few right now. Most of them were hauled away for various construction projects.

"Farther down at Ninole there used to be two springs in a big pond, Kauale and Puhau Kauale was the female spring and Puhau was the male spring but they were covered in 1979 and 1980 by floods that brought down a lot of mud and rock."

"Hawaiian Moment" was writte