

This Shibori dyeing technique uses thread to create a pattern. The stitches act as a resist so the dye can't penetrate certain areas of the fabric. With this method you can basically draw with the thread to create detailed designs. With Shibori stitch resist, the possibilities are endless, so experiment with different designs and multiple colors to get beautiful and unique results.

First draw your design on the fabric using a washable fabric marker or pencil. The simplest pattern is straight lines, but you can create all sorts of designs with the thread. Cut a piece of thread long enough to go across the fabric. Thread the needle and knot it at one end.

Then hand sew with a running stitch along your lines. I'm spacing out the stitches about $\frac{1}{4}$ " but you can sew shorter or longer stitches to get different results. Use a strong thread like upholstery thread, so it doesn't break when tightened later.





